



[www.hornsbyswimclub.com](http://www.hornsbyswimclub.com)

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## Club Championships are here!!!

### WELCOME

Welcome to the most exciting part of the Hornsby Swim Club's calendar – Club Championships. Hopefully the weather will stay warm over the next few weeks, but remember to bring an extra towel and ugg boots to stay snug just in case. Good luck to all our swimmers, we hope for several personal bests over the next few weeks. We will still need volunteers to assist in the running of the Championships, so please tell a committee member which roll you would like to fill.

*Your Club Captains: Ashley Edmonds, Megan Featherston, Alison Sakurovs ☺*

### EPPING BULLETS CARNIVAL

The Epping Carnival was held on Saturday the 2<sup>nd</sup> Feb. We had a great turnout on the night, the highlight of the evening the relay's especially our parents' relay team who came in 2<sup>nd</sup>.

Congratulations to all the swimmers who participated in the carnival. We had several swimmers achieving a podium finish and several swimmers attain personal bests on the night. A special congratulation goes to Bryce Edmonds who broke the 14yrs 50m freestyle record with a time of 26.26sec. Hornsby finished 4<sup>th</sup> overall on the night.

All swimmers who competed on the night have/will receive personal certificates along with NSW Swimming gifts bags which are being handed out at our club nights.



### Our Fantastic Parents Relay

(L-R) Michael Trenaman, Andrew Jeppesen, Russ Nickson, Mark Sweeney, Stuart Ellicott and David O'Brien.



### Our Awesome Younger Swimmers at the Epping Carnival

\* All Epping Results will be published on our website soon.

### IMPORTANT DATES 2008

- 15<sup>th</sup> February – Beginning of Club Championships (CC) with the 400m Individual Medley
- 22<sup>nd</sup> February – CC 400m Freestyle for Juniors
- 29<sup>th</sup> February – CC 400m Freestyle for Seniors
  - Last night of Relay Competition!
- 7<sup>th</sup> March – CC Freestyle and Butterfly night
- 14<sup>th</sup> March – CC Breaststroke, Backstroke and Medley night
- 21<sup>st</sup> March – Good Friday = No Swim Club
- 28<sup>th</sup> March – Fun night!!
- 29<sup>th</sup> March (Late Saturday Afternoon) – 800m and 1500m CC races
- 22<sup>nd</sup>-29<sup>th</sup> March 2008 – Telstra Australian Swimming Championships (Beijing Olympic Qualifier) SOPAC.
- 10<sup>th</sup> May – Presentation Night at Hornsby Girls High School.

*Remember to keep an eye out for any new dates added to the club's website.*

## CLUB CHAMPIONSHIPS

Once again Club Championships are upon us, kicking off with the 400 IM tonight. Next Friday we have the junior 400m freestyle and the senior 400m freestyle on 29<sup>th</sup> February.

During these nights, the relay events will still be run, with the last relay competition night on the 29<sup>th</sup> Feb. We understand that club nights can sometime run longer than expected on these nights, and the 200m events will only be raced if time permits.

The main program for Club Championships runs over two weeks – Freestyle and Butterfly on 7<sup>th</sup> March and Backstroke, Breaststroke and 200 Individual Medley on 14<sup>th</sup> March.

Please get your entries in as soon as possible to ensure the smooth running of events on the nights. If you have any further questions regarding Club Championships or entries see Jan Hood, available in the clubhouse from 6.15pm till 7pm, or email her at [swimentries@yahoo.com](mailto:swimentries@yahoo.com).

Also in regards to club championships, to ensure the smooth running of the evenings, HASC will require all hands on pool deck! On the night we will need extra timekeepers, judges, marshalls, ribbon writers... If you are able to help out on any of the nights, please let a committee member know on Friday night or send an email through to the clubs' email box. Over the next couple of weeks, committee members will be trying to fill all helper positions, so please consider where you would like to help out!

## SPEEDO SPRINT CARNIVAL

On the 9<sup>th</sup> February 2008, the Speedo Sprint Series heats for 8-13 year-olds were held at Blacktown Aquatic Centre. Hornsby had a team of younger swimmers competing on the day, who all swam exceptionally well. On behalf of the club we would like to congratulate the following swimmers, Louise and Samantha Drea, Ellie Nickson, Nathan Ma, and Nathan and Samuel Haddad. Congratulations to all swimmers!

Full details of results will be published on the website as soon as possible.

## CLOTHING

For swimmers who may not be aware, the club does have clothing available in the forms of Caps, Shirts and Jackets. We recommend that all swimmers who represent the club at carnivals have a swimming cap bearing the green Hornsby colour, and the club's name across it. Clothing is available on any club night. Caps are \$10 and polo shirts are \$30.

## PRESENTATION NIGHT AND PHOTOGRAPHS

The club's annual presentation night will be held on the 10<sup>th</sup> May 2008 at Hornsby Girls High School. Last year's night saw a change in venue, and the use of a PowerPoint presentation enabling us to give every swimmer the recognition they deserve. The night was a huge success with some trivia thrown in to break up the night.

After club championships have concluded, keep an eye out for any further information regarding Presentation night. Invitations will be sent out primarily via email once times have been confirmed by the committee.

In preparation of Presentation night, HASC committee members and Captains are endeavouring to capture every swimmer in a photo to put together a wonderful photo slide show and individual swimmer recognition page.

Also, we ask that all Relay teams could gather their members to have a team photo taken by Stuart Ellicott or a committee member for Relay awards on the night as well.

## JANUARY AND FEBRUARY BIRTHDAYS

Over the first two months of the year, several of our members have celebrated a birthday – Happy Birthday to the following swimmers...

- |                  |                      |
|------------------|----------------------|
| * Catherine Hume | * Patricia Carpenter |
| * Alistair Hume  | * Carla Laroco       |
| * Julietta Kent  | * Sammie Trenaman    |
| * Keeva Connolly | * Sophia Hood        |
| * Ellie Nickson  | * Olivia Hume        |
| * Seina Arakawa  | * Nelson Ma          |
| * Julia Vignes   | * Eden Brown         |
| * Samuel Haddad  | * Sebastian Janczak  |
| * Nathan Haddad  | * Sam Nickson        |

## SWIMMING QUOTES and JOKES

- Seven days of no swimming makes one weak.  
~ Author Unknown
- H2O: two parts Heart and one part Obsession. ~ Author Unknown
- Which insect can stay underwater for hours at a time?
  - A spider in a submarine!
- What do underwater police travel in?
  - Squid Cars!

**Stay tuned for next month's newsletter and remember: keep fit and have fun!**

Your Captains: Ashley Edmonds, Megan Featherston and Alison Sakurovs ☺